John graduated from Manchester University in 1998 and has taken what some would consider an unconventional route through his medical career. He has described his training path as "time-served". He now works as a Senior Specialist anaesthetist at Salford Care Organisation (Salford Royal).

John's clinical interests include anaesthesia for complex spine surgery, neurosurgery, remote anaesthesia, TIVA and difficult airways. The majority of his day to day clinical activity is involved with the perioperative care of complex spinal and neurosurgical patients. John has extensive experience in advanced spinal deformity patients and has a particular interest in the management of difficult airways. He is the Difficult Airway Society lead for Salford.

John has a keen interest in clinical engineering and digital technologies in medicine, and is a founding member of "3DSPiN" (Surgical Planning Innovation Network). The group use virtual reality systems and 3D technologies to produce patient specific devices used in planning, simulation, training and patient positioning. He is IT lead for anaesthesia and senior responsible officer for the electronic anaesthetic record system at Salford Care Organisation (the UK reference site for the GE-CHAAS system).

John is a long-standing member of the Local Negotiating Committees for both Salford Royal Hospital and the Northern Care Alliance. He is passionate about improving the profile and status of SAS doctors.

He has several interests outside medicine including computing and photography. He has recently taken up golf and is part of the England & Wales Blind Golf Association team. He is a guide and caddy for his visually impaired wife who plays internationally. He is passionate about music production and has built a soundproofed and acoustically treated music studio. He has produced and mixed techno music for many years, using analogue and digital equipment. John is not the best dancer!