

Rachel Clarke

Rachel is an Advanced Clinical Practitioner, qualifying as an RMN in 1999. She further developed her practice through a BSc in Psychotherapeutic Interventions in 2008 and an MSc in Advanced Practice in 2019. Rachel has a strong interest in holistic, person-centred care and is an advocate for integrating psychosocial and psychological approaches alongside evidence-based medical treatments. Her practice focuses on addressing the whole health needs of patients, recognising the interconnected nature of physical, emotional and social wellbeing to support the best possible outcomes.